Badminton

Cavitt Jr. High Physical Education Dept.

<u>History</u>:

It was first played in India and called "poona". British officers brought the game to England in the 1860's. At one time the court was shaped like an hourglass. In 1887 the game was introduced to the English Society by the 8th Duke of Beaufort at his estate called Badminton, giving the game its common name. India, Indonesia, Malaysia, Thailand, and the United States are leaders in the sport. Every three years the men compete for the Thomas Cup and the women play for the Uber Cup, Badminton's top honor.

Scoring:

~ Serving team is the only team that can score points

~ Games are played to 15 points, must win by 2

 \sim Change sides of court after each game and play again, winning team serving

first

Serving for Doubles:

~ Serve always starts in right-hand court

~ Serve must go diagonal

~ If point is scored, partners switch and the same person serves again

~ To start game: player on right serves until their team makes an error,

skipping their teammates turn to serve. Each player on each team serves after that.

~ If the server misses the birdie, they may try again

~ Server losses their turn to serve if:

- the birdie doesn't go past the service line

- the birdie doesn't go over the net

- the birdie is not served to the right square

- their team makes a mistake

~ If the person being served to hits the birdie then continue play

 \sim If the serve hits the net and goes to the correct service area, continue

play

~ It is a loss of serve to fake a serve

Serving Rules:

~ Birdie must be struck below the waist

~ The birdie needs to be hit on the drop

~ You serve from inside the court

~ The person diagonal to the server must hit the birdie

<u>Rules</u>:

~ Birdies that land on lines are in-bounds

~ You may not reach over the net

~ Birdie cannot hit the ground

~ Birdie may only be hit one time before going over the net

~ Birdie may not rest on the racquet during a hit or serve